

• SCHOOL LUNCH IDEAS •

MAIN

- 1/2 bagel w/ cream cheese
- pbj
- turkey/ham sandwich
- mac & cheese
- soup
- deli meat w/ cheese & crackers
- spaghetti
- teriyaki chicken & rice
- rotisserie chicken
- strawberry & nutella sandwich
- 1/2 Costco muffin
- pumpkin/zucchini bread

FRUITS

- apple slices
- grapes
- cuties
- watermelon chunks
- strawberries
- blueberries
- raspberries/blackberries
- peach slices
- bananas
- kiwi
- pear slices

VEGGIES

- baby carrots
- cucumber slices
- celery
- steamed edamame
- cherry tomatoes
- broccoli
- cauliflower
- sugar snap peas

SNACKS

- granola bars
- cheese crackers
- goldfish
- graham crackers
- go-gurt
- string cheese
- pirate's booty
- fruit snacks
- trail mix
- pretzels
- mixed nuts
- pita chips
- dried apricots
- fig newtons
- nutrigrain bars